



**BIRR**  
Leisure Centre

# Carer Entrance Policy

## Who does this policy affect?

Birr Leisure Centre wishes to make an active lifestyle available to as many people as possible. We therefore welcome people who need the support of carers and will do our best to make your visit an easy and enjoyable one.

## Who is a carer?

A carer is anyone who cares, paid or unpaid for an individual. This includes a family member or friend who due to illness, disability, a mental health problem or an addiction would be unable to use the centre on their own without support.

A carer must show I.D. every time they come into the centre with the person that they care for.

The I.D. must show the following on the card:

1. The name of the carer
2. The name of the person that they care for and is with them on the day
3. Expiry date on the card
4. The I.D. must be an Irish career card

A carer is described as someone who provides an ongoing significant level of care to a person who is in need of care in the home due to illness or disability, or frailty.

While you are using the facilities at Birr Leisure Centre, you must be at all times with the person you are caring for at approx. 5 meters radius distance to them to ensure their safety.

Carer(s) that need to accompany you to the changing rooms, swimming pool, fitness gym and other activities (where numbers are not limited) will be allowed free access.

There are however some conditions of use. While carer(s) will be allowed to access the facilities with you free of charge, they must at all times be in a caring role that is providing support and assistance. It is not acceptable for carers to be using facilities independently and if this is the case, that person will not be allowed access as a carer and will be expected to pay in full.

In the case of using fitness equipment, if your carer is actively participating for their own benefit, over and above your support needs, they will need to have completed an induction and will be expected to pay to use the gym.